

# DSM IV-TR vs DSM-V: What's In – What's Out?

Pelatihan Anggota IPK Jatim  
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# DSM-5

- Diterbitkan pada bulan Mei 2013
- Tujuan:
  - Menjawab kelemahan DSM-IV (1994);
  - Mengintegrasikan bukti-bukti ilmiah dan klinis pada gangguan psikiatri
- Prioritas: menyediakan bantuan yang maksimal bagi klien/pasien dan meningkatkan kualitas penggunaan (usability) bagi klinisi dan peneliti



# DSM-5

- Kontribusi lebih dari 400 experts dari 13 negara
- Disiplin ilmu → psychiatry, psychology, neurology, pediatrics, primary care, epidemiology, research methodology and statistics
- Disertai dengan 13 konferensi penelitian internasional (2003–2008),
- Kerjasama antara *WHO Division of Mental Health and Substance Abuse* – dengan *American Psychiatric Institute for Research and Education*, (the research component of the APA) → yang memiliki kesepakatan kerjasama dengan *National Institutes of Health* (NIH)

# Peran Budaya

- Implikasi budaya pada proses asesmen dan nosologi – termasuk pengaruh budaya pada ekspresi:
  - Kecemasan dan depresi
  - Klasifikasi gangguan psikotik pada negara Barat (Western) dan negara lainnya (non-Western countries)
  - Faktor sosial budaya yang relevan dengan gejala somatis
- Hampir seluruh *DSM-5 Work Group* memiliki paling tidak satu anggota internasional
- *DSM-5 Culture and Gender Study Group*



# Perubahan dalam DSM-5

- Chapter organization
- The Multiaxial System
- Introduction of dimensional assessment
- NOS → 'other disorder' or 'unspecified disorder'

## Table 1 DSM-5 diagnostic chapters

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Neurodevelopmental disorders

Schizophrenia spectrum and other psychotic disorders

Bipolar and related disorders

Depressive disorders

Anxiety disorders

Obsessive-compulsive and related disorders

Trauma- and stressor-related disorders

Dissociative disorders

Somatic symptom and related disorders

Feeding and eating disorders

Elimination disorders

Sleep-wake disorders

Sexual dysfunctions

Gender dysphoria

Disruptive, impulse-control, and conduct disorders

Substance-related and addictive disorders

Neurocognitive disorders

Personality disorders

Paraphilic disorders

Other mental disorders

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# Chapter Organization

- *Linear structure* → merefleksikan keterkaitan antar kelompok gangguan
- *Internal organization of disorder group* → merefleksikan perspektif perkembangan anak – dewasa
- *Shared polymorphism* → select neurodevelopmental disorders (ASD, ADHD), schizophrenia, bipolar disorder and MDD → 4 kategori pertama dalam DSV-5



# Multiaxial System

- Axis I, II, III → combined
- Separate notations of axis IV and V



# Dimensional Assessment

- DSM-IV → strict categorical boundaries, 'normal' to pathological continuum
- DSM-5 → using specifiers, subtypes, severity ratings, and cross-cutting symptom assessments → to capture the gradients of a disorder

# New Disorders

- Disruptive Mood Dysregulation Disorder
- Hoarding Disorder
- Binge Eating Disorder
- Excoriation Disorder
- Premenstrual Dysphoric Disorder
- Restless Legs Syndrome
- REM Sleep Behavior Disorder



# Revised Diagnoses

- Autism Spectrum Disorder
- Posttraumatic Stress Disorder
- Pedophilic Disorder
- Substance Use Disorder
- Specific Learning Disorder
- Removal of Bereavement Exclusion

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